

MARTIAL WAY TRAINING – AYLWARD ACADEMY SUMMER FETE 24th JULY 2013



Master Ronnie Green & Mr Rob Collis

Martial Way Training enjoyed some fun in the sun as Aylward Academy held a special end of term summer fete.

“This event has special meaning for us following the shock news that Mr Rob Collis, former Head of Extra Curricular activities at Aylward recently passed away. I only knew him a short time but when we met we hit it off. He understood what we were trying to achieve with Martial Way Training and I just want to say that I was deeply saddened to hear about his passing. We will never forget the support he gave Martial Way Training.” *Esmond Francis, Martial Way Training*

The day started early with the help of pupils and teachers putting up a range of stalls – a bouncy castle, face painting etc and marking up the field. Following an overcast start the sun seemed to spring up everywhere which really gave the place a wonderful atmosphere.

At the Martial Way stand pupils had the opportunity to “have a go” at learning some basic martial arts techniques on the punch-mitts with the instructors. The main theme was “Fun”. First up was Esmond Francis taking the first volunteer. The young pupil from Year 9 was very good and took to it naturally; he had a great time and wanted more.



He was looking forward to having a go with the master. I was very impressed and you could see that he thoroughly enjoyed it.



This now set a trend with boys queuing up to have a go with Master Green and Es Francis.



Ronnie talks with Pupils



For some pupils it was the first time they had heard of Martial Way Training or Master Ronnie Green and they seized the opportunity to come over a talk with us and find out information about what we do. They were very impressed with the pictures on the stand which show Master Green with some of his World title belts. Master Green spoke to pupils about courtesy and the importance of respect.



Master Ronnie Green 5 Times World Champion at 4 different weights

“Physical doesn’t have to mean violent. It’s about self-control and respect. I can’t overemphasize the point that it’s not about learning a technique and showing off, we don’t play with martial arts. You cannot ignore the mental side; it’s about looking after your mind. All physical action is generated in the mind so if we can manage our thoughts we can try and manage our actions. Controlling anger, being aware of your ability and learning how to make intelligent decisions about what you do. Showing off is a fools idea of glory.” *Master Ronnie Green, Martial Way Training*



It was a great day Aylward Academy. Many thanks to all at Aylward Academy who made this possible in particular Principal Mr J Gillard, T Skarpellis and AVP and Head of Extended Curricular Activities, Mr Jan Balon

In memory of Rob Collis